



## College Of Pharmacy Integral University, Phase III

#### **VISIT REPORT**

# A brief report of Social Pharmacy Field Visit to an Old Age Home – SAMARPAN OLD AGE HOME

As part of curriculum colleges planned and organized visit to old age home at Lucknow Home for students under the guidance of faculty as below.

#### **AIMS OF VISIT:**

- To explore out the physical set up of the institute.
- To find out the organizational structure of institute.
- To know the how service and facilities provided to them.
- To make them feel special.
- To make them happy and bring smile on their face.

**OLD AGE HOME** "Old age home is a multi-residence housing facility intended for senior citizens."

**INTRODUCTION:** We reached them along with all the team members on 07 February 2025 at 10:00 am. Firstly, we gathered in the garden area of old age home where the students of institution gave introduction about the institution organization and facilities rendered by them. Later, she gave us the orientation of institution and introduced us to their members. There were 60 elderly peoples both (Male & Female) in old age home.

The students at the college interacted beat the elderly followed by an entertainment program with music action songs and dance. The inmates were very happy and blessed everyone.

It was a joyous occasion with full of satisfaction that the team could bring some rays of happiness among the elderly. It was a pleasure witnessing of such wonderful work i.e. unconditional services.

#### The visit was well coordinated by-

Mr. Govind Kumar, Lecturer, College of Pharmacy

Mr. Suhaib Khan, Lab Technician, College of Pharmacy

#### **OBJECTIVES OF OLD AGE HOME**

- The objective of this field visit was to observe and understand the living conditions, facilities and services provided to the elderly residents at the old age home
- To help needy aged (above 60 year) irrespectively.
- To provide medical care to improve the health
- To provide companionship, emotional support, therapeutic occupation, and recreational facilities, and activities to overcome social isolation.

#### **FACILITIES:**

**Infrastructure:** The old-age home had a clean and well-maintained infrastructure, with adequate lighting, ventilation, and sanitation facilities.

**Accommodation:** The residents were provided with shared or individual rooms, depending on their preference and medical needs.

**Food and Nutrition:** The home provided three meals a day, with a focus on nutritious and balanced diets.

**Healthcare:** The home had a dedicated healthcare team, including doctors, nurses, and caregivers, who provided medical care and assistance to the residents.

**Recreational Activities:** The home organized various recreational activities, such as yoga, meditation, and games, to keep the residents engaged and active.

**Staff:** The staff were friendly, courteous, and attentive to the needs of the residents.

#### **KEY FEATURES**

**Positive Environment:** The old-age home provided a positive and supportive environment for the elderly residents.

**Adequate Facilities:** The home had adequate facilities, including medical care, food, and recreational activities.

**Dedicated Staff:** The staff were dedicated and committed to providing quality care to the residents.

**Scope for Improvement:** There was scope for improvement in terms of providing more personalized care and attention to the residents.

### **Visits Photos**



















#### **SUGGESTION:**

**Personalized Care:** The home could focus on providing more personalized care and attention to the residents.

**Increased Recreational Activities:** The home could organize more recreational activities to keep the residents engaged and active.

**SPECIAL CARE TO OLD AGE PEOPLE BY GIVING-** "Respect, love and affections".

**CONCLUSION:** By visiting old age home, we gained knowledge about the feelings of the oldest services and facilities provided to them & how the old age home is maintained.

The old-age home provided a safe, supportive, and positive environment for the elderly residents. While there were some areas for improvement, the home demonstrated a commitment to providing quality care and services to its residents.

Dr. Muhammad Arif **Principal**College of Pharmacy

Integral University Phase-III